

Self-Debriefing Guide

The Self-Debriefing Guide will help you understand the results of the assessment.

- a. **Section one: Behaviors** - Work through how you communicate and consider how your style affects you, others and your work environment
- b. **Section Two: Driving Forces** - Work through what motivates you and consider how this is reflected in your personal and professional life
- c. **Section Three: integrated Behaviors and Driving Forces** - Think about the blending of the how and the why of your actions and this will enhance your performance and increase overall satisfaction

